



CENTRAL SHENANDOAH HEALTH DISTRICT

WEEKLY COVID-19 UPDATE & CLINIC INFORMATION

AUGUST 20, 2021

Check out the upcoming clinics throughout the Central Shenandoah Health District below!

LEXINGTON - ROCKBRIDGE - BUENA VISTA COVID-19 CLINICS

Monday, August 23

- **Raphine Medical Center, 9:00 am - 2:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 18+).
 - Partner: Raphine Medical Associates

Tuesday, August 24

- **Rockbridge Area Health Center Office, 9:00 am - 3:45 pm**
 - Moderna (Ages 18+)
 - Partner: Rockbridge Area Health Center
 - Call (540) 464-8700 to schedule an appointment, same-day appointments available
- **Lexington Health Department, 10:00 am - 6:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 12+)
 - Partner: Central Shenandoah Health District
- **Raphine Medical Center, 1:00 pm - 5:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 18+)
 - Partner: Raphine Medical Associates

Wednesday, August 25

- **Raphine Medical Center, 1:00 pm - 5:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 18+)
 - Partner: Raphine Medical Associate
- **Rockbridge Regional Center Clinic, 3:00pm-5:00pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 12+)
 - Partner: Dabney S. Lancaster Community College, CSHD

Thursday, August 26

- **Raphine Medical Center, 1:00 pm - 5:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 18+)
 - Partner: Raphine Medical Associate

Friday, August 27

- **Raphine Medical Center, 9:00 am - 2:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 18+).
 - Partner: Raphine Medical Associate

STAUNTON - AUGUSTA - WAYNESBORO COVID-19 CLINICS

Tuesday, August 24

- **Blue Ridge Community College, 10:00am-2:00pm**
 - Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Augusta Health

Wednesday, August 25

- **Waynesboro Health Department, 2:00pm-6:00pm**
 - Moderna, Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Central Shenandoah Health District
- **Augusta Health Fitness Center, 3:30pm-7:00pm**
 - Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Augusta Health

Thursday, August 26

- **Mary Baldwin University, 9:00am-12:00pm**
 - Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Augusta Health
- **Augusta Health Fitness Center, 3:30pm-7:00pm**
 - Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Augusta Health

Saturday, August 28

- **Mary Baldwin University, 9:00am-12:00pm**
 - Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Augusta Health

Visit vaccinate.augustahealth.com to make an appointment at Augusta Health.

HARRISONBURG - ROCKINGHAM COUNTY COVID-19 CLINICS

Saturday, August 21

- **Rockingham County Fair - 4:00 pm - 6:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 12+)
 - Partner: Healthy Communities Health Centers
 - *Purchase of ticket is required for admission to the fairgrounds**

Tuesday, August 24

- **Harrisonburg-Rockingham Health Department, 10:00 am - 6:00 pm**
 - Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Central Shenandoah Health District

Wednesday, August 25

- **Harrisonburg-Rockingham Health Department, 2:00 pm - 6:00 pm**
 - Moderna, Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Central Shenandoah Health District

Thursday, August 26

- **HCHC - Elkton, 9:00am-12:00pm**
 - Johnson & Johnson (Ages 18+)
 - Partner: Healthy Communities Health Centers
- **Harrisonburg Community Activities Center, 4:00 pm - 6:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 12+)
 - Partner: Central Shenandoah Health District

Friday, August 27

- **HCHC - Stoneport, 12:00 pm - 5:00 pm**
 - Moderna (Ages 18+)
 - Partner: Healthy Communities Health Centers

Skip the line at the health department clinics by registering advance at vaccineappointments.virginia.gov!

Walk-ins are welcome.

If you are looking for a clinic in another area, please visit vaccines.gov and use your zip code to find appointments at local pharmacies and healthcare providers. These appointments are available to those ages 12+ who live, work, or go to school in the Central Shenandoah Health District.

If you are having problems making an online appointment, please call your local health department. Please help us reserve the phone lines for those with limited internet access and/or low computer literacy.

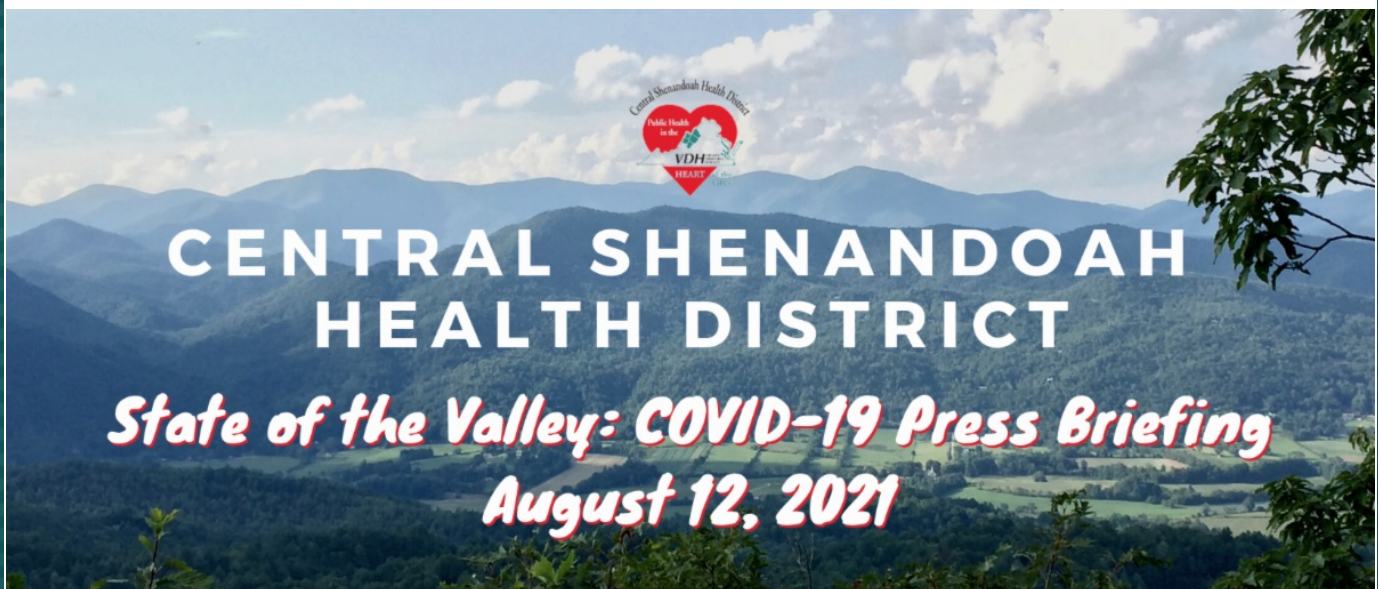
We added a new section to our website that includes the vaccine events happening throughout our health district!

These include events hosted by the Central Shenandoah Health District and other vaccine partners. The clinics are separated by region and are subject to changes.

[Click here to view the calendar!](#)

STATEMENT REGARDING THIRD DOSES OF COVID-19 VACCINE

Central Shenandoah Health District has started providing 3rd dose mRNA shots (**Pfizer and Moderna**) for immunocompromised persons immediately. CSHD currently offers 3rd dose mRNA COVID-19 vaccine shots at all mRNA COVID-19 vaccine clinics. Eligible persons can schedule their 3rd dose mRNA shots with the Central Shenandoah Health District by going to vaccineappointments.virginia.gov. Walk-in appointments are available at some clinics as well. Appointments are preferred. CSHD expects to be able to meet the local demand for 3rd dose mRNA shots for eligible persons. At this time, additional doses of Johnson & Johnson OR a dose of an mRNA vaccine is **not recommended** individuals who received the one-shot Johnson & Johnson vaccine.



Dr. Laura Kornegay, Director of the Central Shenandoah Health District, addressed media and community partners to provide an update on the state of COVID-19 in the valley. She shared insight regarding the Delta variant and rising cases, vaccination uptake, K-12 school guidance, and what we can do to further prevent the spread of COVID-19.

[Watch the Press Briefing!](#)

FREE COVID-19 VACCINATIONS

AUGUST 20 & 21

**NO
APPOINTMENT
NEEDED!**

Rockingham County Fair
Emergency Services Building

4:00 pm - 6:00 pm

Pfizer (Ages 12+)
Moderna (Ages 18+)
Johnson & Johnson (Ages 18+)



PURCHASE OF TICKET IS REQUIRED FOR ENTRANCE INTO FAIRGROUND

AUGUST 25

FREE COVID-19 VACCINATIONS

Located on the
Maury River
Express bus line!
Stop #17

Rockbridge Regional Center
Dabney-Lancaster Community College

35 Vista Links Drive
Buena Vista, VA 24416

3:00 pm - 5:00 pm

Pfizer (Ages 12+)
Moderna (Ages 18+)
Johnson & Johnson (Ages 18+)

**WALK-INS
WELCOME!**

SKIP THE LINE AND REGISTER AT
VACCINEAPPOINTMENTS.VIRGINIA.GOV



Rockingham County Fair COVID-19 Vaccine Clinic

Join us Friday and Saturday, August 20 and 21 at the Rockingham County Fair for a free COVID-19 vaccine clinic! All three vaccines are available, including second doses. Clinic is located in the Emergency Services Building and operating from 4:00 pm to 6:00 pm. **Purchase of fair ticket is required for admission to the clinic.**

Available for ages 12 and up. Those under 18 must be accompanied by a parent or guardian.

Rockbridge Regional Center Clinic

Central Shenandoah Health District is hosting a COVID-19 vaccine clinic at the Rockbridge Regional Center at Dabney-Lancaster Community College.

The clinic operates from 3:00pm-5:00pm. No appointment or ID is required. This clinic is located on the Maury River Express Line, stop #17!

All three vaccines will be available, no appointment required. Those under 18 must be accompanied by a parent or guardian.

UPDATED MASKING GUIDANCE

Most vaccinated people are protected from the virus. However, [a recent study](#) found that some vaccinated people can still contract the Delta variant in a breakthrough infection, and may be contagious. At this time, community immunity levels are not high enough to contain the spread of the Delta variant. Cases are surging and additional public health mitigation efforts are needed. **To reduce the risk of being infected with the Delta variant and possibly spreading it to others, everyone (even if you are vaccinated) should wear a mask indoors in public if you are in an area of high transmission.**

Currently, Virginia is at a level of [substantial transmission](#). Cases have increased by 956% since mid-June. Areas of low vaccination coverage are particularly vulnerable to have rapidly increasing cases, and hospitalizations have also been increasing.

Vaccination is the only strategy that will safely bring an end to the pandemic. High vaccination coverage will reduce the spread of the virus and help prevent new variants from emerging. While Delta is causing some "vaccine breakthrough infections," meaning infections in fully vaccinated people, most of these infections are mild. Vaccines are working as they should - they are preventing

severe illness, hospitalizations, and death.

BACK TO SCHOOL

COVID-19 MASKING UPDATES

On August 12, 2021, State Health Commissioner Dr. M. Norman Oliver reissued a Public Health Order requiring all students, teachers, staff, and visitors in public and private K-12 schools to wear masks indoors, regardless of vaccination status.

This Order reinforces current state law, which requires Virginia schools to adhere to mitigation strategies outlined by the Centers for Disease Control and Prevention. As of July 28, CDC guidelines include universal masking for all students, teachers, and staff.

Additionally, Governor Northam announced a Public Health Emergency Order reiterating the requirement of universal masking in all indoor settings in Virginia's K-12 schools. This order reinforces current state law, which requires Virginia schools adhere to mitigation strategies outlined by the Centers for Disease Control and Prevention (CDC).

As of July 28, CDC guidelines include universal masking for all students, teachers, and staff. [SB 1303](#) was passed by an overwhelming bipartisan majority of the General Assembly earlier this year.

[Read more about the COVID-19 mitigation measures and protocols in Virginia's K-12 schools.](#)

Click the link below to read the official Public Health Order regarding masking in Virginia schools.

[Read the official Public Health Order](#)

DON'T TAKE THE RISK - TAKE THE TEST!

Vaccinated or not, take a COVID-19 test if you are feeling sick.

No matter your vaccination status, wear a mask, practice social distancing, and consider a COVID-19 test if you're feeling sick or have symptoms of COVID-19. A quick test can give you results so you can know if you're carrying the virus. Take the time to Test, Know & Go when you gather with a group.

Click below to find out where to get tested near you, and read more about the CDC's latest testing guidance.

DON'T TAKE THE RISK. TAKE THE COVID-19 TEST.

Vaccinated or not, if you're feeling sick take a COVID-19 test.

TEST KNOW GO Repeat.

Learn more at vdh.virginia.gov/covid19testing

VDH VIRGINIA
DEPARTMENT
OF HEALTH

[Find a testing center near
you](#)

[Visit the CDC website for the most up-to-date testing
guidance](#)



COVID-19

Read the latest reports
from *MMWR*

CDC.GOV

bit.ly/MMWR_COVID19

MMWR

The Morbidity and Mortality Weekly Report (MMWR) series is prepared by the Centers for Disease Control and Prevention (CDC).

Often called “the voice of CDC,” the MMWR series is the agency’s primary vehicle for scientific publication of timely, reliable, authoritative, accurate, objective, and useful public health information and recommendations.

MMWR readership predominantly consists of physicians, nurses, public health practitioners, epidemiologists and other scientists, researchers, educators, and laboratorians.

All material in the MMWR series is in the public domain and may be used and reprinted without special permission; citation as to source, however, is appreciated.

[Read the latest in COVID-19 news from MMWR](#)

NEED A COPY OF YOUR COVID-19 VACCINE RECORD?



Visit the self-serviceportal online: vaccinate.virginia.gov



A self-service portal is now live and accessible via Vaccinate.Virginia.gov to view COVID-19 vaccination records.

Access to the records requires two-factor verification. The record can be saved and printed or downloaded as a PDF.

The vaccination record will only show COVID-19 immunizations, regardless of if the individual has additional vaccinations listed in VIIS. Vaccines administered and not reported in VIIS (e.g., out-of-state vaccinations, vaccinations administered by federal entities not reporting to VIIS) will not reflect in the self-service portal

This portal is not intended to be a “vaccine passport” but serves as a tool to access your COVID-19 vaccination record in the event of a lost original card.

[Click here to view your vaccine record!](#)

NOW MORE THAN EVER...
YOUR COMMUNITY NEEDS YOU.
BECOME A VDH COMMUNITY AMBASSADOR!



VDH's Community Ambassador program is an important part of our vaccine outreach efforts! We need your help to keep it going strong. As an Ambassador, you'll help share COVID-19 updates and materials from top experts and sources. We need people like you who can spare a few minutes each week to help keep Virginians safe.

[Click here to learn about the Community Ambassador program!](#)

COVID-19 Vaccine Mobile Clinics

We are still planning mobile clinics! CSHD will be offering mobile COVID-19 vaccine clinics in the community in an effort to increase access to COVID-19 vaccines. To succeed in these efforts, we need your help! **If your organization is interested in a COVID-19 vaccine clinic for your community, then we are asking that you complete this request form.** You can also go to <https://redcap.link/32fiylbj>. Our mobile clinics can be walk-up with no registration needed and can be flexible in date and time of clinics. Our clinics can serve anywhere from 20-200 people. This service is free and available to all community members.

For some inspiration, a mobile clinic could be held at:

- a local festival, event, block party, farmers market, etc.
- a church, community center, business
- a food pantry, homeless shelters
- a park or public space

If interested, please complete the form and I will reach back out to you within 3-4 business days. **Please share with other community members that may be interested in this service.** A link to this request form will be available on our website at <https://www.vdh.virginia.gov/central-shenandoah/covid-19-vaccine-information/>.

[Click here to request a COVID-19 vaccine clinic for your community!](#)

*Interested in hosting a
COVID-19 Vaccine Information Session?*

Want to learn more about the different vaccines? How to pre-register? Host a COVID-19 vaccine information session! If your organization would like more information about the COVID-19 vaccine you can schedule an information session with our health education team. Sign up for a session [here](#).

HEALTH EDUCATION NEWS

YOUR MENTAL HEALTH MATTERS.



In the last year, you may feel that you are struggling more with your mental health. You are not alone.

Many people in our community are facing challenges that can be stressful, overwhelming, and cause strong emotions. Your CHSD family encourages you to:

- Take care of your body
- Make time to unwind
- Connect with others

For information and resources on how to tackle your mental health, visit:

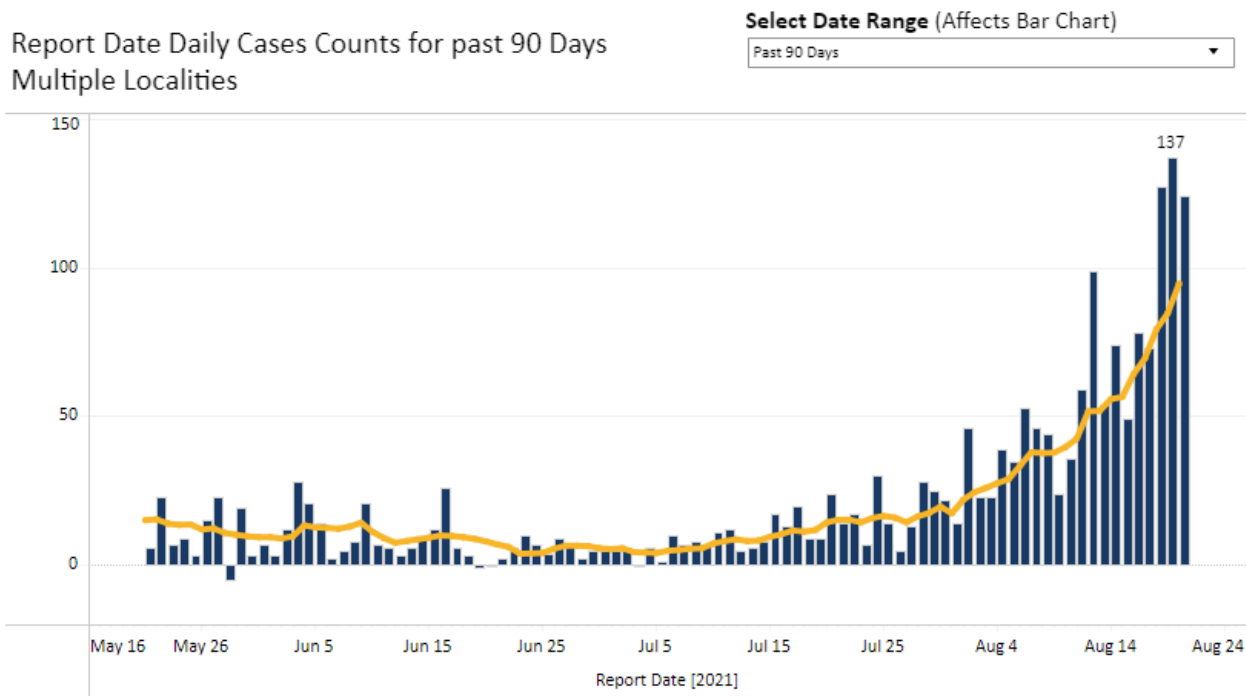
<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/stress-coping/index.html>

<https://www.cdc.gov/HowRightNow/>

CENTRAL SHENANDOAH HEALTH DISTRICT COVID-19 DATA

District COVID-19 Activity

The chart below illustrates the rate of cases throughout the Central Shenandoah Health District over the last 90 days.



COVID-19 Vaccination Rates

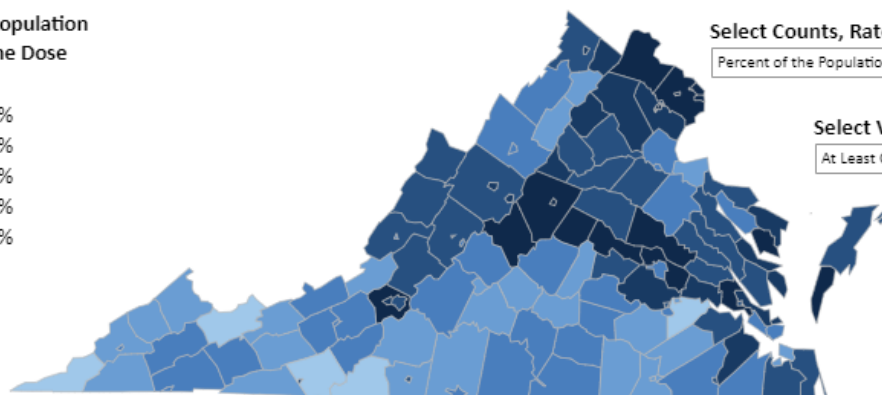
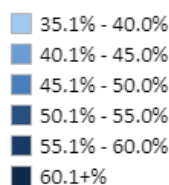
In the Central Shenandoah Health District, vaccination percentages are broken down by locality and city below:

	Percentage of Population receiving one dose	Percentage of Population fully vaccinated	Percentage of Adults receiving one dose	Percentage of Adults fully vaccinated
Rockingham County	48.7	44.3	58.6	53.6
Harrisonburg City	48.6	43.8	54.7	49.6
Augusta County	51.2	47.4	59.9	55.7
Staunton City	59.8	54.7	70.0	64.4
Waynesboro City	55.5	50.3	68.4	62.5
Rockbridge County	53.6	48.6	61.5	56.6
Lexington City	50.5	46.3	55.2	50.8
Buena Vista City	49.4	44.3	59.4	53.7
Bath County	50.7	45.0	58.2	51.8
Highland County	53.2	50.5	60.3	57.4
Totals:	52.1	47.5	60.6	55.6

You are considered to be fully vaccinated 2 weeks after your second dose in a 2-dose series or 2 weeks after a single-dose vaccine.

People Vaccinated by Locality of Residence and Vaccination Status - Percent of the Population

Percent of the Population with At Least One Dose



Select Counts, Rates, or Percents

Percent of the Population

Select Vaccination Status

At Least One Dose

People Not Mapped : 654,825

For locality COVID-19 vaccine distribution numbers, please visit the [VDH COVID-19 Vaccine Dashboard](#).

COVID-19 DATA BREAKDOWN

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found [here](#).

	7-Day Average Number of Daily New Cases Reported	Total Cases	Total Hospitalizations	Total Deaths
Augusta County	48	6,583	205	83
Bath County	1	283	11	11
Buena Vista City	1	954	28	22
Harrisonburg City	8	6,709	198	95
Highland County	0	123	1	1
Lexington City	3	1,248	30	33
Rockbridge County	3	1,638	60	48
Rockingham County	17	7,278	430	115
Staunton City	6	2,660	89	70
Waynesboro City	7	2,568	78	39
Totals:	94	30,044	1130	517

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here!

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FOR MORE INFORMATION ABOUT COVID-19, VISIT:

<https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/>

